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Toledo and Lucas
County Alliance

2011-2012
ALLIANCE
LEADERSHIP

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CAPSULE COMMENT

NOVEMBER / DECEMBER 2011

THE PRESIDENT'S MESSAGE



Hello to all Alliance Members!

WOW! We had a very successful Fall Trunk Show and Luncheon because of **YOU**. Thank you so very much for your time, support and **GENEROSITY!** There were approximately 100 guests (you and your friends) and 19 vendors who all said they wanted to come back next year! The event started out with lots of shopping and catching up with great friends. A fantastic lunch and a quick General Membership Meeting was followed by our guest speaker, Lynn Jacquot, director of YWCA Battered Women's Shelter. She expressed great appreciation and thanks for the Alliance's donations. They take in approximately 450 women a year. These women are escaping unimaginable circumstances that you and I cannot comprehend. Most of the time, they are lucky to be able to escape with their children but not with much else. Our Alliance donations help feed and give them and their children immediate **SAFE** shelter. Last year the Alliance disbursement committee decided to allocate the major part of our monetary donation to YWCA Battered Women's Shelter to be spent on necessary prescription medications for the residents. President Elect, Mrs. Jackie Zakeri and Mrs. Chris Spetka are to be commended for putting this all together! Thank you Jackie and Chris :-)

INCUNABULUMS, BABBLATIVE, MALLEABLE and IMPUGNABLE were just some of the words. The Alliance participated in the Annual Blade Spelling Bee again this year. We were represented by Mrs. Lynn Ali, Mrs. Manju Gupta, Mrs. Kiran Rai and myself. We were laughing so much and having fun that other teams wanted us to join them. We didn't win this year, however we won because we participated to decrease low literacy in our community. Read for Literacy (RFL) is demonstrating such great outcomes that The Andersons, Buckeye Cable and The Blade were some of the Toledo area companies who increased their annual giving to \$5000. RFL is the largest nonprofit, volunteer based literacy program in the United States. RFL realized through research and experience that low literacy is a generational cyclical occurrence. Low literate parent (s) raise low literate children. If they don't read, they're not reading to their children, and these children are at a severe disadvantage before they even start Kindergarten. Creating Young Readers (CYR) program was developed to break this cycle. The Alliance is proud to be involved with CYR. We are still looking for volunteers. One and a half hours once or twice a month, to read to a child, one on one! How can anything else be more rewarding? You can open the world for a child. Please contact Mrs. Denise Colturi at 419-349-0228 or dcolturi@bex.net for more information.

Mrs. Anna Seiwert is busy planning a new member welcoming event on December 9th. Please come with friends who may want to join the Alliance. They can participate in any of our functions as much or as little as their time permits. Please contact Anna at 419-872-5509 or email at anna@bex.net for more information.

Janine Rosenthal and Susan Doukides are planning a February event and looking for new ideas. Please contact them if you would like to help.

If you have ideas or wish for a special event, please do not hesitate to contact me, Myung Armstrong at 419-344-9003 or email at snoshoo5@yahoo.com. It can be anything from wine tasting, tours, gardening, or a volunteer project. They don't have to be a fundraiser. We want to be **FUN-RAISERS!**

- Myung Armstrong

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Bountiful Harvest Thanksgiving Food Drive Donations Needed:



An Opportunity to Help Those in Need



Again this year, as part of the S.A.V.E. A - Shelter Health Promotion project the Alliance will provide perishable and non-perishable food items (i.e. turkeys, ham, canned sweet potatoes, vegetables, bag/box stuffing, bread, rolls, pumpkin pie, and grocery store gift cards/certificates to purchase needed items) for the YWCA, Battered Women's Shelter, which provides a 24 hour, 7-days-a-week crisis shelter for victims of domestic violence and their children and the Newton Residency which is a transitional housing program for homeless women that provides safe and low-cost housing in the YWCA building. It will not be necessary to place items in decorative baskets; however, it would be helpful if donated food items are delivered to my home in large plastic laundry baskets which will also be donated to the residents.

If you or a group of your friends are interested in supporting this Alliance Thanksgiving Health Promotion project, contact Joanie Barrett at 419-867-1220 or e-mail her at joaniebarrett@ameritech.net. The food drive donations should be dropped off on **Tuesday, November 22nd** at Joanie Barrett's home, 8646 Plum Hollow Point, Holland. If this time/day is not convenient, please contact Joanie to make other arrangements for food drop-off.

Last year, the food donated by the Alliance members was used into early January. I am always amazed how generous everyone is! There are so many individuals and families in need each year. Please consider sharing with others in our community this holiday season. Your efforts will give everyone a reason for thanks and giving!

Lynn, the Domestic Shelter Director and the YWCA staff are always excited to receive these Thanksgiving baskets for the residents. Thank you very much for your donations of baskets.

-Joanie Barrett, 2011-12 Save-A-Shelter Chairman



New Member Welcome Luncheon And Holiday Get Together

December 9, 2011 at 11:00 a.m.

At home of: Cindy Hoeflinger
2524 Inlands
Ottawa Hills, OH 43615

Come and mingle, bring a dish to share.

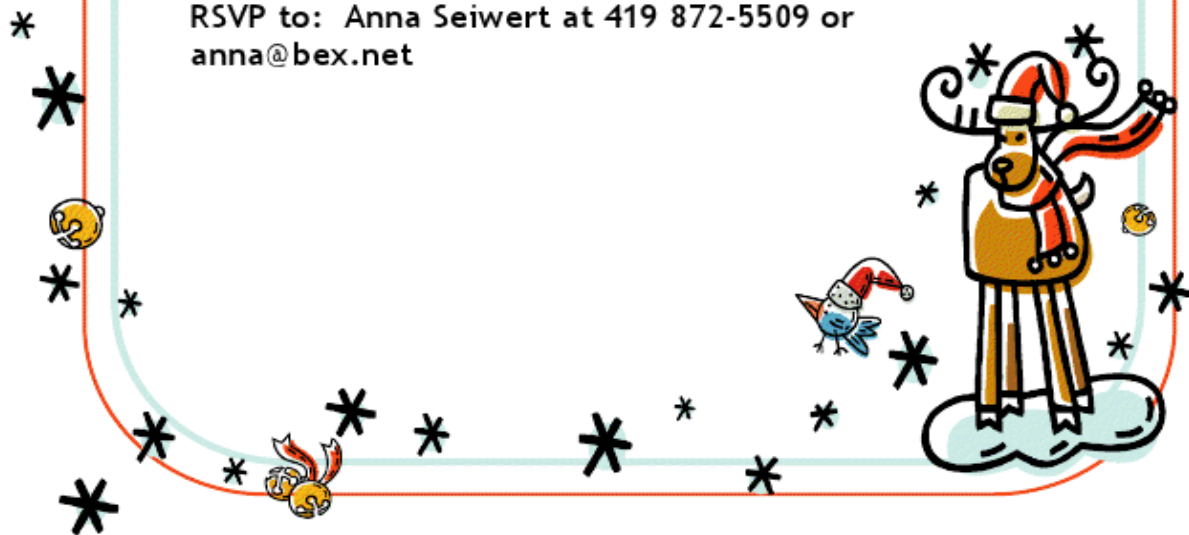
Meet alliance members.

*Bring any guests interested in joining the Alliance.

*We will be collecting Children's Books to support the
Read for Literacy Program

Optional Ornament exchange: If you would like to
participate in the ornament exchange, bring
an ornament.

RSVP to: Anna Seiwert at 419 872-5509 or
anna@bex.net





RAISING BIG \$\$\$ FOR YWCA BATTERED WOMEN'S SHELTER

The Fall Guest Luncheon/Holiday Trunk Show was a huge success thanks to the tremendous efforts of Jackie Zakeri and Chris Spetka. The event took place at the Sylvania Country Club on Tuesday, October 18th. We had 95 ladies and 19 vendors. We shopped til we dropped, and we raised over \$2000.00 to benefit the YWCA Battered Womens' Shelter. Our guest speaker, Lynn Jacquot, director of the shelter, received an additional \$550.00 in donations from our guests that afternoon. Thanks go out to all who came and bought and supported this very worthwhile cause in the process.



~ Chris Spetka and Jackie Zakeri
Co-chairs



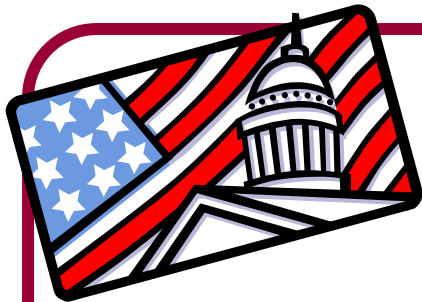
Dues can be mailed to:
Cindy Hoeflinger

You may also find all the forms you need and pay your dues using pay pal on our website @ www.lcmalliance.org.

The alliance is going GREEN.



REMEMBER!
All participants in special interest groups need to pay their alliance dues.



LEGISLATIVE AFFAIRS

On January 1, 2012, the SGR formula will cause a drastic 29.5 percent payment cut to doctors who care for Medicare and TRICARE patients, leaving access to health care for seniors, disabled and military families hanging in the balance.

Congress MUST repeal Medicare’s flawed sustainable growth rate(SGR) formula!! Please contact your Representatives and Senators and tell them to STOP the Medicare payment cuts.

Email at www.patientsactionnetwork.org or call them using the Patients’ Action Network hotline at (888) 434-6200.

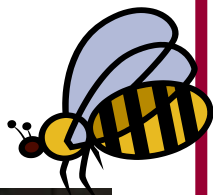
Thank you for your support!!!

Dee Talmage

Legislative Affairs Chair//dhtalmage@bex.net//



The Alliance participates in the Annual Blade Spelling Bee to raise awareness of low literacy rates in our community.



Check out the Alliance Special Interest Groups, there is something for everyone. A new Gourmet Group is forming, please contact Mary Geiger at: marylgeiger@yahoo.com





NOVEMBER

22 Thanksgiving---Baskets for YWCA Women's Shelter

DECEMBER HAPPY HOLIDAYS!!!

7 Board Meeting @ 9:30 a.m. @ Academy of Medicine

9 New Member Welcome @ 11:00 a.m. (see enclosed page)

JANUARY

22 Deadline for Capsule Comment articles—Issue #4

25 Board Meeting @ 9:30 a.m. @ Academy of Medicine

29 Aesculapian Event **TBA**



**The Academy of Medicine
Of Toledo and
Lucas County Alliance**

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